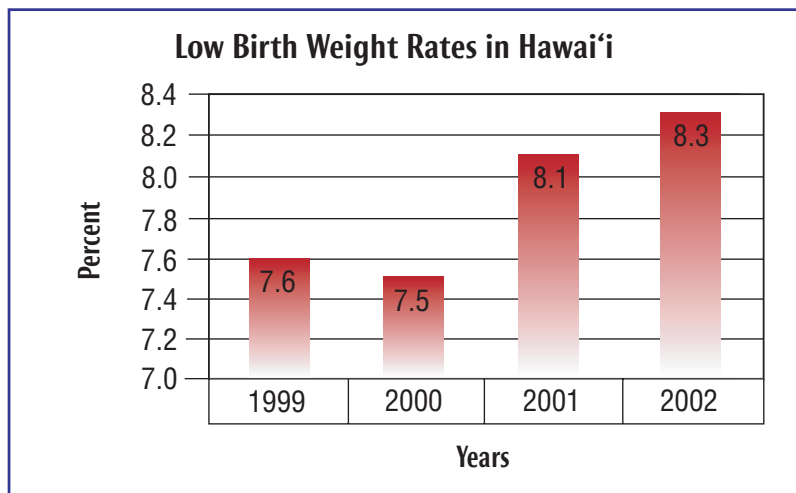
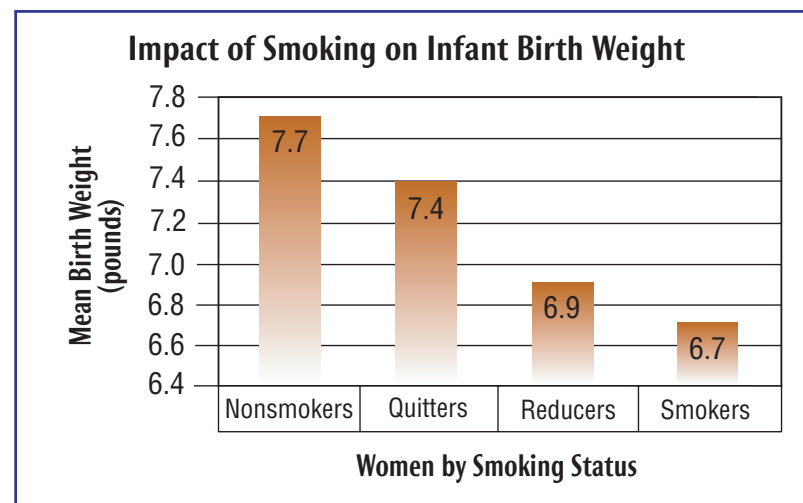


- Smoking is the most important modifiable cause of poor pregnancy outcomes among women in the United States. [1]
- Smoking cessation, either before or at an early stage of pregnancy, can reduce the risks of conception delay, infertility, pre-term premature rupture of membranes, pre-term delivery, and low birth weight. [2]
- 20% to 30% of low birth weight infants and 14% of premature births can be attributed to smoking while pregnant. [4]
- Smoking during pregnancy is considered one of the leading preventable causes of low birth weight. [2]
- Smoking can cause spontaneous abortions and fetal deaths, abnormalities in placental attachment, and ruptured membranes in pregnant women. [2]



Data Source: Office of Health Status Monitoring, Hawai'i State Dept. of Health

- Women who smoke during pregnancy and after also increase the risk for Sudden Infant Death Syndrome (SIDS). [2]
- Nationally, 1 in 5 pregnant women smoke. [4]
- Smoking during pregnancy also affects the child's behavior. They are more likely to be cranky, unruly, angry, and depressed. [4]
- The Food and Drug Administration reported that breastfeeding is the best source of nutrition for an infant. [5]
- Women who smoke during pregnancy are less likely to breastfeed compared to nonsmokers. [2]



Data Source: Centers for Disease Control & Prevention

## REFERENCE:

---

1. The Robert Wood Johnson Foundation. *Smoke-Free Families: Innovations to Stop Smoking During and Beyond Pregnancy Phase II*
2. U.S. Department of Health and Human Services. (2001). *Women and Smoking: A Report of the Surgeon General*. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health.
3. Department of Health, Office of Health Status Monitoring. (2001).
4. Guthrie, Catherine. (2001, 01/07/01). *Quitting for Two*. WebMD. Available: [content.health.msn.com/content/article/1693.50693](http://content.health.msn.com/content/article/1693.50693) [2001, 06/01/01].
5. Williams, Rebecca. (1995, October 1995). *Breast-Feeding Best Bet for Babies*. US Food and Drug Administration,. Available: [www.fda.gov/fdac/features/895\\_\\_brstfeed.html](http://www.fda.gov/fdac/features/895__brstfeed.html) [2001, 07/24/01].